Cohousing Now!

Aging Better Together Conference



Aging Better Together: The Time is Now Raines Cohen, Cohousing Coach and Certified Senior Advisor, Aging in Community

The stereotype and dominant paradigm of cohousing communities as they've developed over the past quarter century in the U.S. is that our neighborhoods are great places for kids, the next generation, families, call it what you like. We're all about the "village" it takes to raise a child, in the eyes of many.

But if you look at the reality of who is living in cohousing today, I gotta say, we're old. And getting older. The first generation of kids in many communities have grown up, and the empty-nesters left behind are saying "now what?" Many of our communities' founding pioneers and wise elders are facing life changes and even mortality, and bringing consciousness and fresh perspectives and awareness to all of us.

Cohousers are into building community and taking care of one another. And the Boomers (which many of us are) have been reinventing society's institutions as they age. So it should come as no surprise that Boomers are embracing cohousing as a tool for maintaining their independence, building interdependence through their own creativity as an alternative to entering institutions where their needs are met, at great expense and with loss of control.

We are all finding ways that our communities need to change as we learn and grow, as we age and our priorities and needs shift. The Aging Better Together conference, coming up this May in Salt Lake City, brings together cohousers and community creators from all over for deep conversation on the topics that really matter. See the schedule here. read more...

Conferences & Events

Better logether THE POWER OF COMMUNIT

Conference | May 20-21, 2016 | Salt Lake City Produced by Coho/US and SageHill Cohousing

Click on logo above for conference details Aging Better Together Schedule Here

Talking About Aging in Community Laird Schaub [Join Laird's Community Conversations Intensive at the Aging Conference] Almost all intentional communities do not expect to be able to provide support to members through end of life. While it may work out to provide that for some, there are a number of reasons why it may not work out in all

cases. What are the limits of support for basic needs that the community can provide members with diminished capacity? Read more

Catalyst Sponsors







In This Issue

Conferences & Events Cohousing Blogs **Building Community** Cohousing Map & Metrics Classified Ads Cohousing Professionals In the News Resources New Directory Listings

Classified Ads

Homes for Sale

Burlington Vermont 3 Bedroom Townhouse \$375,000

Stunning Contemporary Home in Silver Sage, Boulder

Two Lovely Cottages in Fantastic **Vermont setting**

Wonderful light-filled detached home in Arcadia: \$319,900

Colorado Mountain Ranch & Farm -- 3 & 4 BD at Heartwood





Supporting Sponsors

- CoHousing Solutions
- Fellowship for Intentional Community
- Kraus Fitch Architects
- National Cooperative Bank

Community Sponsors

Wasatch Commons Village Hearth Cohousing

<u>National Cohousing Open House Day</u> Saturday April 30, 2016



Has your community registered yet? This is a unique opportunity to promote your community along with others around the country; a great way to strengthen the bonds within and between communities while attracting people to your waiting lists. Are you on the List?! read more

Cohousing Blogs

25 Years and Still Going Strong: Muir Commons & Cohousing in America

Charles Durrett, McCamant & Durrett Architects

This year Muir Commons celebrates its 25th anniversary. This means 25 years of cohousing in the US! Even at the very beginning



of this project (in Davis, California), Katie and I could envision other cohousing communities taking root in the U.S. It was a dream we shared with many others. Since the creation of Muir Commons, we at McCamant & Durrett Architects (MDA) have helped this cohousing dream become a reality for more than 50

communities. It has been both our honor and privilege to talk the cohousing talk with the members of these communities, and then walk the cohousing walk with them, from inception to move-in and beyond. As we look forward to 2016, we share remembrances from Muir Commons. The timeless spirit captured by these images and thoughts are indicative of cohousing communities around the country.... read more

Building Skills and Community In South Africa, Cont'd Cindy Burns and Steven Ablondi, Memel.Global, South Africa

[Cindy Burns profiles the continuing journey made with Steven Ablondi of their work and impact in South Africa in creating the first cohousing community on that continent, in Memel.]

Our annual sojourn to South Africa has proven difficult, with no rain and the hottest temperatures in recorded time. We have had to cut back on all of our vegetables because I can not water plants with

people lining up in the streets for drinking water. I am struggling just to keep the perennials alive. The entire country is suffering. We talk more about rain here in South Africa than I bet any of you in America talk about Trump. Steven and I have



just entered our 8th year of retirement in Memel. Our little "project" has grown proportionately. We now have our Bryan Bowen designed rammed earth three unit guest house up and running with paying guests over the holidays.. <u>read more</u>

The Passage into Elderhood Laird Schaub's Blog

Two Homes at Mosaic Commons

For Sale in New Hampshire's Greenest Community

<u>Downtown Nevada City</u> <u>CoHousing Home for sale</u>

Seeking Members

Join an Over-55 Cohousing Community in the Land of Enchantment - Placitas New Mexico

<u>Jubilee Cohousing in Floyd, Virginia</u>

Artisan oriented community forming in stunning Vermont location

<u>Community-Centered</u> <u>Neighborhoods in Charlotte</u>

Village Hearth: Adult Cohousing on 15 Beautiful Acres

Join a Green,
Intergenerational Cohousing
Community near
Sacramento!

Riverside Living in Eugene, Oregon!

Cohousing Professionals

Caddis Architecture

CoHousing Solutions | Sustainable Neighborhood Consultants

<u>Kraus Fitch Architects | Home - Community - Planet</u>

Linda Herman Consulting

McCamant & Durrett Architects:
The Cohousing Co

schemata workshop | architecture & planning

In the News

How These Communities Save Energy-and Time for What Matters

National Geographic

...Like any community, these progressive villages are works in progress. Belfast

Laird's post is relevant to our <u>Aging Better Together Conference</u>, with sessions on "conscious aging" and "the power of purpose." I recently received an interesting invitation, asking if I would write about elderhood, and what it means to make a purposeful transition into that stage of life:

Elderhood is certainly one of the least celebrated and recognized transitions in our culture. I was struck that when we moved to community last year, my partner was the oldest one there. I felt the lack of elders holding the powerful space, witness, and wisdom. In many ways, I know that we are re-forging the proper fires of initiation and becoming. I know that those fires were mostly out for my parents and grandparents, though rite of passage happens anyway (just not as consciously, powerfully, or prayerfully). I am reaching out as younger here, hoping that when I reach this threshold, I'll know a little bit more about it. There will be a little more collective wisdom in the fire. I consider you a being who is expressing and embodying your elderhood with beauty and wisdom. Read more...

Building Community

The Village People Seeking All Things Nature
Midori Batten & Peggy W, Piedmont Ecovillage (Richmond VA)
The Village People (as we sometimes think of ourselves) first met
through Richmond Cohousing, though we soon realized that our



preference was for a more rural lifestyle, where our wish to be surrounded by trees, ponds, and all things nature might be easier to achieve. We're a diverse group (diversity which we aim to foster) with a like-minded streak that lends itself to interests in permaculture, sustainable energy, water reclamation, green building

practices, passive solar houses and an open-mindedness and open-heartedness, generally. It's created a new social bracket that falls somewhere between neighbors and family. What to call it: Ecofamily? Intentional co-housers? Kindred Co-spirit-ors? Call it what you will, it's made getting acquainted feel more like getting reacquainted. ... Read more

Coho/US Notes

Many Thanks to These Communities who Gave in 2015

Coho/US exists to nurture our cohousing communities, established and forming. We are grateful to these communities who have invested in our organization, enabling us to provide programs that benefit all of us.

Sustaining Communities in bold have pledged \$300 or more for 5 years.

Acequia Jardin Albuquerque NM Arboretum Cohousing Madison WI Ashland Cohousing Community Ashland OR Arcadia Cohousing Chapel Hill NC Bellingham Cohousing Bellingham WA Berkeley Cohousing Berkeley CA Blueberry Hill Vienna VA Burlington Cohousing East Village Burlington VT Casa Verde Commons Colorado Spring CO Cascadia Commons Portland OR **Charlotte Cohousing Charlotte NC** Coho Ecovillage Corvallis OR Cornerstone Village Cohousing Cambridge MA Daybreak Cohousing Portland OR Doyle Street Emeryville CA Durham Central Park Cohousing Durham NC

Germantown Commons Nashville TN

Great Oaks Cohousing Ann Arbor MI
Green Grove Cohousing Forest Grove OR



Cohousing recently installed a backup solar array, because it needs power to pump water from its shared well. At EcoVillage Ithaca, construction is finishing up on a third neighborhood that includes seven homes certified under the ultra-efficient passive house standard. It's all part of being a "living laboratory" for sustainability, founder Liz Walker says: "We're trying to pioneer things that actually work."

Is a Cohousing Community In Your Future?

Kathy Gottberg, SmartLiving365
I've barely touched on the cohousing concept and am intrigued by some of the positive stories about people living in these communities. For that reason, during the coming year I plan to seek out some of those who are already making it work and report it back to my readers. In addition, I have signed up to attend a conference in May, "Aging Better Together" to explore the value and benefits that cohousing might offer us all.

Quimper Village gets Hearing Examiner's OK



"Quimper Village is now more than just a dream," said project CEO David Hundhausen. "We'll start construction this spring and be moving in the fall of 2017." [Come hear more at the Aging Better Together Conference where David is a presenter]

<u>Developer Looking to Build</u> <u>Cohousing in Lower 9th Ward [New Orleans]</u>

Says Lacy Allen, 32, a founder of forming community Jourdan Valley: "We didn't want to share income or make hammocks," she said, laughing. "There's no Kool-Aid involved. We just wanted something that was more like a community than just a suburb."

Resources

C

What is Cohousing?

NCB Financial Services

Higher Ground Cohousing Bend OR
Island Cohousing Vineyard MA
Jamaica Plain Cohousing Jamaica Plain MA
Manzanita Village Prescott AZ
Monterey Cohousing St Louis Park MN
Mosaic Commons Berlin MA

Mountain View Cohousing Mountain View CA

Nevada City Cohousing Nevada City CA

Nyland Lafayette CO

Pioneer Valley Cohousing Amherst MA Pleasant Hill Cohousing Pleasant Hill CA

Renaissance Village Homes Sacramento CA

Rosewind Cohousing Port Townsend WA

Shadowlake Village Blacksburg VA

Shepherd Village Shepherdstown WV

Silver Sage Village Boulder CO

Songaia Cohousing Bothell WA

Swan's Market Oakland CA

The Commons on the Alameda Santa Fe NM Three Trails Cohousing Independence MO

Trillium Hollow Portland OR

Two Echo Cohousing Brunswick ME

Valverde Commons Taos NM

Wasatch Commons Salt Lake City UT

Wolf Creek Lodge Grass Valley CA Yulupa Cohousing Santa Rosa CA

Cohousing Directory Metrics

Established Communities = 161

Completed = 135

Building* = 26 Own Site = 21

Forming = 97

* Many building communities have residents but continue to add members and build homes.



Do you like receiving this eNews? Please consider supporting Coho/US, serving as a clearinghouse and connector to grow and nurture cohousing across the country.



Thanks for reading

Cohousing Now! provides news and events on Cohousing... Now! From **Coho/US**, the Cohousing Association of the United States, Cohousing Now! is emailed monthly. Please forward to your friends, communities, and other lists to spread the word about cohousing!

Copyright 2015 The Cohousing Association of the United States All rights reserved.

Privacy policy - www.cohousing.org/privacy

Green Tax Incentive Compendium Jan 2016

Tag Cloud

The Cohousing Directory

New Listings:

Jourdan Valley

New Orleans, Louisiana

Common Place Cooperative

Cambridge, Massachusetts

Quince Cohousing

Oakland, California

Join Our Mailing List