



This is what's happening in Cohousing Now!

RESILIENCY IN COHOUSING



**When harm comes our way,
the thing that determines our
survival is resilience.**

When harm comes our way, the thing that determines our survival is resilience. Resilience is our ability to recover, to heal, to continue on when life goes badly. More is better, and there is a harsh limit on how much resilience a person can have individually. Humans are an incredibly resilient species because we gain resilience in our tribes. When one falls, another helps them up. When one is sad, another holds their hand. When a disease sends one to bed, others seek a cure, provide care, hold light, and do essential tasks. Resilience.

We cohousers are noticing it now, as we protect one another from COVID-19 and from the loneliness that comes of that protection. We are relying on the resilience of our communities and of our community of communities across the nation, and in that resilience we are thriving.

COVID-19 has spotlighted a resilience we've long enjoyed but perhaps not noticed. The resilience that is now holding us together through crisis is the same resilience that watered the garden the day you worked a double shift. It's the resilience that lifted your spirits when bad news arrived and kept you from deeper depression. It's the resilience that took a bad day at school and finished it on a porch swing full of giggling friends. It's meals and hugs and a listening ear. It's humor and empathy and wisdom and skills and shared objects. It is the resilience of community and it is precious indeed.

Heart of Community online conference May 30 10am - 4pm MDT

Join us in to hear about Communication,
Conflict, Relationships, Connection,
Consensus and Dynamic Governance

[Click Here for more info](#)

Registrations opening soon

This event is sponsored by
[Living Room Conversations](#)



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#GIVINGTUESDAY

GIVING TUESDAY
FOCUS ON COVID
MAY 5th

Make a DONATION

As the world is being turned upside down by COVID-19, cohousing communities help people experience belonging, reduce loneliness, and share resources. The Cohousing Association helps current and future Cohousers survive and thrive during this pandemic, and **we need your help**. Community at this time can be a lifesaver.

Isolated together

Cohousing is not only about the things we do together; it is also about the things we do alone.

blog by Elizabeth Magill

[Read More](#)



What Happens When You Design A Home With Community In Mind?

"Just as Susan said 'like eating, drinking and sleeping, we need social connections, we need meaningful interactions and relationships to fight loneliness and for architect Grace Kim that starts with the homes we choose to live in". Here is an update during this moment of crisis.

Heard on TED Radio Hour

[Listen Here](#)

Cohousing and the Coronavirus

As our lives are being turned upside down by COVID-19, cohousing communities are shining. We are providing a hedge against loneliness and a means of connection. CohoUS is proud to continue to support our community of communities with the WebChat series 'Cohousing and the Coronavirus'

[Click here for more info](#)



Classified Ads

Forming Communities and Communities Seeking Members



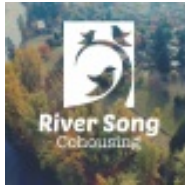
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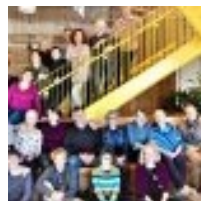


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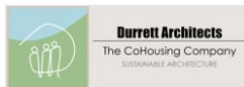


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