



This is what's happening in Cohousing Now!



Differences

The tricky thing about cohousing is that we are all different in all kinds of ways. It's a safe bet that one of the differences showing up in community this month is how we'd like to transition out of our Covid precautions. The danger may be in the assumption that everyone has to transition the same way or at the same pace. The first question may be, where are the places where we really do have to all do the same thing. A shared laundry may be one, a monthly business meeting, and probably some others. And where are the places where we can accommodate differences, where members can opt in or out as they feel safe to do so? Social gatherings perhaps, or guest rooms. A lot will depend on the layout of common resources, and the trust that each person has in the others to follow agreed protocols. We suspect that with a little cohousing creativity, every community can find ways to meet both the pent up need for connection that is driving some and the continued need for secluded safety that drives others.

Some tips:

- Talk to each other. See if you can get to the core concern. Speak to your own needs. Try for "What would make me feel safe . . ." rather than, "The right thing is . . ." Look and listen for creative options and try them on a bit before you decide if they might work.
- Do what you said you'd do. Cheating the system you've all agreed will only degrade the trust you will need at the next step.
- Talk to each other some more. Review what you've agreed. Get curious about whether it's still working. Expect differences of opinion on this. Be open to hearing about experiences that differ from yours. Make changes to the agreements.

Through it all, strive for curiosity, empathy and compassion. They will take you far. The skills and trust you build navigating this challenging round will serve you well

through differences that arrive in years to come.

Upcoming Events



Connecting in Cohousing April 18, 2021

9am-3pm Pac, 12pm-6pm East

Click [HERE](#) for details
Click [HERE](#) to register

Welcome keynote speaker Shilpa Jain

As West African elder, Malidoma Somé says, "Conflict is the spirit of the relationship asking itself to deepen." Join YES! Executive Director Shilpa Jain for a heart-opening and thought-provoking conversation on building bridges and working with conflicts. She'll offer a look at what stands in our way as well as share a few practices to bring more awareness and better equip ourselves to transform breakdowns into breakthroughs -- to bring forth connection, wholeness, and healing, for ourselves, each other and our world.

Twelve sessions all focusing on connecting with our community through communication, conflict, consensus and more.

National Cohousing Open House Day

We have SO many exciting options for this year's National Cohousing Open House Day!

Individual Communities, we encourage you to: Host a virtual meet and greet. Host an online information session. Show a virtual tour. Post a video of community life.

Regional Groups of multiple communities, consider coordinating: A virtual gathering with each community taking a few moments to introduce themselves. Host an online panel discussion.

National Community of Communities: We're excited to announce a National Cohousing Open House Day virtual Wrap Up, Celebration and Introductions to some of our Strategic Partners and organizations with similar missions. Join us at [this ZOOM link](#) on April 24th at 4pm Pacific / 7pm Eastern.

To register your community as participating for this day, [click here](#).



Click here for 'how to make a video tour of your community' blog

Open House Day options WebChat

Blogs



Transitions

By Karen Gimnig

Transitions are stressful, even the good ones. ... So why am I telling you this?

Because I think our communities are headed into a massive homecoming. The transition back to common meals and indoor gatherings is likely to be even more stressful than when we paused those things. Conflict is likely.

... [Read More](#)



A Simple Tool for Powerful Communication

By: Lenore Mead of Washington Commons

Karen Gimnig, Imago Facilitator and co-author of 'The Cooperative Culture Handbook', led a large workshop of Washington Commons' members and Explorers interested in building community and deepening our connection to one another. Karen asked each of us to write 10 responses to the prompt, "Our vision is realized, we have moved into our new homes, and we have fabulous relationships. I... [Read More](#)

In the News



All together now in a year of isolation, co-housers envision a more connected future

by Sydney Halleman; photo by Eze Amos

Imagine, for a moment, that the forced sense of isolation, loneliness, and stir-craziness of the past year didn't happen. ... The secret has been under our noses this whole time: co-housing. And at Emerson Commons, that's exactly what the past year has looked like.

[Click Here to Read](#)



Cohousing Communities: Aging Better — Together

~ Mutual of Omaha

Across the U.S. a growing number of seniors are moving to cohousing communities, which are designed to foster social interaction and ward off loneliness and isolation.

[Click Here to Read](#)

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are Greatly
Appreciated!**

Donations, as a community or as an individual, are accepted year round and can be made to: CohoUS 4710 16th St Boulder, CO 80304 or [Click Here](#) to give, Thank You.

Classified Ads

Forming Communities and Communities Seeking Members



[Neurodiverse Village
Retreat
a sunny location in OR](#)



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Bayfield, CO](#)



[Haystack Heights
Cohousing
Spokane, WA](#)



[Hager Homestead
Littleton, MA](#)



[Bull City Commons
Cohousing Community
Durham, NC](#)



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[Sunnyside Village
Cohousing
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[Washington Commons
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[River Song Cohousing](#)



[Eugene, OR](#)



[Rocky Corner Cohousing
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[Skagit Cohousing
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[Alpenglow CoHousing
Ridgway, CO](#)

[Cohousing ABQ
Albuquerque, NM](#)

[Our Home - Cathedral Park
Portland, OR](#)

Homes for Sale or Rent



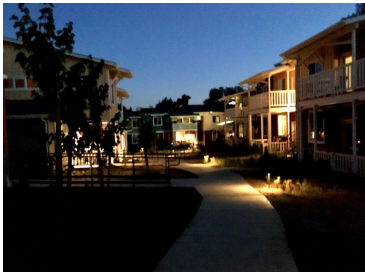
[Mountain View CoHousing
Community
Mountain View, CA](#)



[Cascadia Commons
Portland, OR](#)



[Arcadia Cohousing
Chapel Hill, NC](#)



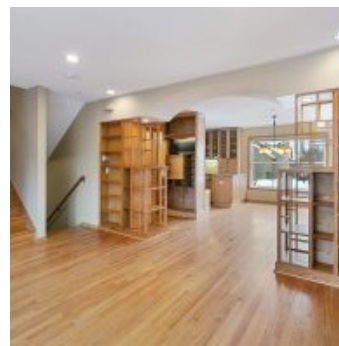
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[Shepherd Village
Shepherdstown, WV](#)



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Check out our
Cohousing Community Directory!

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