



**EAST LAKE COMMONS,
Atlanta, Georgia**

Addressing
issues
of race and
privilege at
East Lake
Commons





Check in


- ▶ Please use the chat feature often at the bottom of your zoom page to introduce yourself so we know who is in the room.
- ▶ Let us know:
 - Your name
 - Co-housing community & or region
 - Size of community
 - Years in cohousing community? Or new to cohousing
 - Racial composition of community



GOAL OF WORKSHOP:

To leave the workshop with 'next step' options for addressing systemic racism in our cohousing communities.

AGENDA

- 1. WELCOME - 5 min.**
 - 2. Addressing issues of race and privilege at East Lake Commons - 20 min.**
 - What we have learned
 - 3. Group Discussion - 25 min.**
 - What have you done to address race and privilege in your community?
 - What worked?
 - What do you see as your next steps?
 - 4. CLOSING - 5 min.**
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COHOUSING RESOURCES

Coho US/cohousing.org blog posts, webinars, and workshops:

Black Cultural Awareness Menu, Daisy Birch, July 15, 2020.

Cohousers for Racial Justice, Ann Lehman, June 24, 2020.

Cohousing and the BLM Movement, Jim Leach, June 24, 2020.

Housing Segregation and Its Impact on Cohousing, Crystal Farmer, webchat #17, March 26, 2019.

“How Communities Can Better Address Racism and Racial Equity,” Joe Cole, June 28, 2019.

“I am Not a Racist, but Racism is in Me,” Joe Cole, v March 14, 2019.

Facebook group, Cohousers for Racial Justice

Several articles in **Fellowship for Intentional Community’s** COMMUNITIES: Life in Cooperative Culture/

Class, Race, and Privilege, Spring 2018, issue 178.

“Being Proactive About Diversity in Cohousing,” Jonathan Cloud, October 11, 2018, ecovillagenj.org

“Queer, Person of Color, or Low-Income; Is Cohousing Possible for Me?,” May 31, 2016, article by Cynthia Dettman, shareable.net

► The Racial Healing Handbook:

► Practical Activities to Help You Challenge Privilege, Confront Systemic Racism, and Engage in Collective Healing (Paperback)

► **Anneliese A. Singh, PhD, LPC**


A NEW HARBINGER SOCIAL JUSTICE HANDBOOK

THE RACIAL HEALING HANDBOOK

PRACTICAL ACTIVITIES TO HELP YOU
CHALLENGE PRIVILEGE, CONFRONT SYSTEMIC RACISM
& ENGAGE IN COLLECTIVE HEALING

KNOW YOUR RACIAL IDENTITY • EXPLORE INTERNALIZED RACISM
(RE)LEARN THE HISTORY OF RACISM
UNDERSTAND RACISM IN RELATIONSHIPS • RAISE YOUR RACE-CONSCIOUSNESS
CATCH YOURSELF IN THE FLOW OF RACISM • GRIEVE & NAME RACISM
LEARN TO BE AN ALLY • RECLAIM YOUR WHOLE SELF

ANNELIESE A. SINGH, PhD, LPC
FOREWORD BY DERALD WING SUE, PhD



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See: <https://bepresent.org/regional-core-groups.html> for info groups in your area:

- **SOUTHEAST REGION**
- **NORTHEAST REGION**
- **PACIFIC NORTHWEST REGION**
- **MID-WEST REGION**



Tovah Melaver

Tovah has worked as an expressive arts therapist and as a business consultant and is a mixed media artist. She has been part of East Lake Commons Cohousing since the planning days over 20 years ago, has chaired several committees, & currently serves on Sustainability Committee and Architectural Review Committee.



Dancingwater Shiel

I am one of the founding members of East Lake Commons Co-housing Community and for the first 10 years I was a member of our community facilitation committee. I have also served as vice president and president of our board and the scheduler of our common house. I am currently a member of the garden and common grounds committee.