

Neighborly Help, Not Health Care  
Guidelines for Quimper Village  
20210629

Quimper Village encourages aging in community. These Guidelines distinguish between the kinds of help neighbors may choose to provide to one another on a temporary basis, and help that might be needed on a continuing basis.

Some neighbors who have developed more intimate relationships with one another may do more for another. These Guidelines describe the difference between being a good neighbor and enabling another person to become dependent on you.

These Guidelines also seek to temper extended family expectations of what cohousing neighbors can provide for their loved one.

Neighbors at Quimper Village may provide helpful services to one another, but not caregiving. Caregiving is beyond the scope of neighborly help.

For example:

- Picking up medications from a pharmacy, but not administering them.

- Shopping, but not being the sole shopper.

- Bringing in occasional meals, but not becoming the primary cook or meal server.

- Driving a member to a medical appointment, but not providing daily transportation.

- Not providing intimate body care or assisting with bathroom functions.

- Not assuming responsibility for making appointments or arranging for health care providers.

- Not changing bandages or other health care devices.

Neighbors cannot safely support each other in activities that:

- Interfere with normal household functioning on a continuing basis.

- May cause harm to the person in need, or injury and/or liability for the helper if not done, or not done properly - e.g. picking up after a fall.

Ultimately, neighborly care is voluntary, temporary, and limited.