

Links

<https://www.ourhomecathedralpark.com>

Myfan.Jordan@banyule.vic.gov.au

Similar projects:

<https://theramblecollective.org/blog/30pearl-project-update/>

in the UK - <https://www.sturtscommunitytrust.org.uk/>

Day 2 – Cohousing for All Transcript

00:44:55.000 --> 00:45:16.000

And next we have a session that's called co housing for all and called such because historically, at least in the US but I think this is probably true universally the demographic for co housing tends to be largely white large the college educated, largely

00:45:16.000 --> 00:45:17.000

older.

00:45:17.000 --> 00:45:22.000

Because, at least in the US, because that's who has the resource.

00:45:22.000 --> 00:45:28.000

And interestingly enough in the US, there's a lot of single women.

00:45:28.000 --> 00:45:38.000

And as cohousing gains momentum. There are diverse groups that are interested in and attracted to this socially supportive model for housing.

00:45:38.000 --> 00:45:44.000

So, in this session we're going to hear from two different folks one from the US went from Australia.

00:45:44.000 --> 00:45:52.000

Both who are adapting cohousing to serve the needs of two populations that are less often seen in cohousing.

00:45:52.000 --> 00:46:08.000

And these two groups represent the present and future of cohousing in that cohousing needs to serve needs to serve a more inclusive group. And when we can design for these other communities to be sort of centered and focused in the sort of formation of

00:46:08.000 --> 00:46:15.000

the groups and in the physical design, and we can actually better serve the needs for all community members.

00:46:15.000 --> 00:46:30.000

And that's the title of this session cohousing for all. So I'm going to introduce the two speakers. First we're going to start with, Alicia detachment from our home in Portland, Oregon, and she's going to share about.

00:46:30.000 --> 00:46:39.000

She's developing a co housing community where people with intellectual and developmental disabilities will be an integral part of the community.

00:46:39.000 --> 00:46:56.000

And then next we'll hear from Nathan Jordan who is from was developing cohousing in Australia for the LGBT q i A plus youth, and she's using what she calls the pivot model, and we'll share that.

00:46:56.000 --> 00:47:01.000

So, I will turn it over to Alicia.

00:47:01.000 --> 00:47:07.000

Hi, and I guess I have opportunity to share my screen correct.

00:47:07.000 --> 00:47:15.000

Yeah. Okay. Hi, everybody. Thank you for joining. Let's go from the slideshow from the beginning.

00:47:15.000 --> 00:47:27.000

Great. So thank you very much for this opportunity I am nervous and very excited to be talking to all of you here today this is a community that is incredibly near and dear to my heart.

00:47:27.000 --> 00:47:38.000

And so, I'll tell you about what we're doing and why and be available later in the day for questions I know that there probably will be some and reach out to me anytime.

00:47:38.000 --> 00:47:53.000

If you have any questions, so our home Cathedral Park is an inclusive and diverse cohousing community or in Portland, Oregon in the United States. I'm the founding neighbor and we are have a third of our neighbors together now and we are forming so anybody

00:47:53.000 --> 00:47:56.000

wants to Portland come on down.

00:47:56.000 --> 00:48:02.000

I want to tell you a little bit about why we're doing this who we are and why we're doing this.

00:48:02.000 --> 00:48:17.000

I've got, you know, 15 minutes to do this, and we've been working on this for about nine years. So it seems like a very short time to condense, a lot of experience into but it all started out with me looking at my immediate core family my mom who was

00:48:17.000 --> 00:48:33.000

turning 18, my daughter who's about to turn 20 and looking at what housing and Home and Community looks like for people who are aging and people who need support, my daughter experiences disability, and it's going to need to have assistance throughout her life. I'm kind of the meat of the sandwich generation where I've got a mom who's

00:48:33.000 --> 00:48:45.000

of the sandwich generation where I've got a mom who's aging and a daughter who's also going to need to have supports throughout her life. And I'm going to hit support, as we're all working through this and reached out to a lot of other families that were

00:48:45.000 --> 00:48:49.000

in the same situation and ask them about what they were looking for.

00:48:49.000 --> 00:48:58.000

I'm going to share some of the struggles that we had for someone's problem. So I'm going to get a little dark for a minute and then I promise I'm going to lighten it back up for you guys.

00:48:58.000 --> 00:49:02.000

For people with disabilities our history in the United States is not pretty.

00:49:02.000 --> 00:49:13.000

We do a lot of congregate settings still to this day Oregon is one of the few states in the United States that doesn't have institutions for people that experience Intellectual and Developmental Disability.

00:49:13.000 --> 00:49:22.000

So we institutionalize we put people in group homes we do people in adult foster care, and we have families that say, Well, my, my daughter or son will live with me forever.

00:49:22.000 --> 00:49:36.000

And I know that my forever is much shorter than my daughter's forever so I need to prepare for when I'm no longer here. I also deserve to have a full life and not always be the primary care provider, and my daughter deserves to have a full life outside

00:49:36.000 --> 00:49:52.000

of her crazy mom and her family. And that's true of all of the families that have adult children with disabilities in the United States to we were, I also looked at you know people that are older or aging, We tend to do assisted care facilities, still

00:49:52.000 --> 00:50:09.000

nursing homes adult foster care. Some people are lucky enough to live with their families, a lot of people age alone. And that is an issue that we wanted to take a look at as well. There was a third leg to this stool of support that we were looking at.

00:50:09.000 --> 00:50:24.000

And in the United States we have an awful lot of economic segregation so we do, we do affordable housing developments where everybody that's living in this development is below median income or in poverty and the problems that that tends to create where

00:50:24.000 --> 00:50:33.000

everybody is experiencing the same issue, you don't have that friendly hand to pull you up and out. We often talk about it's you know who we know not what we know.

00:50:33.000 --> 00:50:49.000

And so how do you have that reciprocity and that diversity in a community so that you are a healthy member and not dependent on future ongoing systems and support agencies that the funding tends to Evan flow depending on who's in charge, and what the

00:50:49.000 --> 00:51:00.000

what the funding sources are. So this is some of the problems that we identified early on that we tend to match people based on their deficits and needs in housing.

00:51:00.000 --> 00:51:16.000

And why are we putting people who are deemed to be different together and grouping them separating them from society, so that they're sheltered and cared for, as opposed to caring about why are we not bringing our communities together, there's a sense

00:51:16.000 --> 00:51:20.000

of other thing that happens with all of this.

00:51:20.000 --> 00:51:34.000

Again I'm dark, right now, I promise I'll lighten up there the troubling trends are that there's over a million families in the United States will have adult children, and they are caregivers of the adult children, these families are over the age of 16,

00:51:34.000 --> 00:51:41.000

I'm getting close there myself, and then provide the in home care for their adult family member that experiences Intellectual and Developmental Disability.

00:51:41.000 --> 00:51:55.000

And when those care providers pass on or are no longer able to care. There's a huge influx of people that are going to be coming into our housing crisis that's already existing in the United States that already been identified at this point because their

00:51:55.000 --> 00:51:58.000

house now, they won't be for very long.

00:51:58.000 --> 00:52:01.000

We have an aging population.

00:52:01.000 --> 00:52:07.000

We have more need for service, dollars than we have creating service dollars at this time.

00:52:07.000 --> 00:52:23.000

And that population is also declining so fewer young people are being born, the young people are the ones that are caring for the old people. So we have a disparity in availability of care providers in the United States that's about ready to start hitting,

00:52:23.000 --> 00:52:34.000

and also care provider wages in the United States, often don't pay a livable wage and we're seeing post pandemic or in pandemic that people aren't wanting to do these low paying jobs.

00:52:34.000 --> 00:52:40.000

And so it's putting a real burden on who cares for our people that need some assistance.

00:52:40.000 --> 00:52:46.000

We've all seen throughout the world with isolation and loneliness is doing to us during this pandemic.

00:52:46.000 --> 00:52:56.000

We understand that a little bit better. And we know that loneliness and isolation is a really important risk factor to look out for early death.

00:52:56.000 --> 00:53:09.000

It's as detrimental to our health as a sedentary lifestyle, or to packet a smoking habit isolation and can kill us. So we are pack animals. We like people we want to be around people.

00:53:09.000 --> 00:53:15.000

So how do we put our people together as opposed to isolation and segregation.

00:53:15.000 --> 00:53:31.000

So we did a search for home, as opposed to housing, we saw housing based on deficits and needs. We see home at some place that's based on gifts and strengths, and we named our community, our home because it will be our home, and our intention is to provide

00:53:31.000 --> 00:53:47.000

home as opposed to housing, and to provide this strong web of supports for our members, as opposed to one person or system, lifting that support. We want all of us you know many hands make light work, as they say, that is our intention.

00:53:47.000 --> 00:53:52.000

And we looked at cohousing we looked at different types of housing settled in on co housing.

00:53:52.000 --> 00:54:06.000

Because of that stated and shared an agreed upon values that co has theirs fall together. We looked at different groups that you are all familiar with an ego and senior in multifamily and people based around spirituality or being self sustaining whether

00:54:06.000 --> 00:54:19.000

you're rural or urban and we called ourselves inclusive and diverse first and foremost. So who are we, you know, we're this group of folks that range from the teenage years, up into their 80s.

00:54:19.000 --> 00:54:37.000

We are writers and singers and parent educators and book bookkeepers and mortgage brokers and beer drinkers and disco pizza party throwers. So this is wild group of people that experience disability and don't people that are below median income and are

00:54:37.000 --> 00:54:50.000

above, people that are in and a wide range of incomes and every walk of life as a byproduct communities are LGBT q A plus communities are people from different countries.

00:54:50.000 --> 00:55:03.000

We are actually we're all the United States right now so we're looking for people from different countries, but all walks of life coming together bringing their true and authentic selves to our home theater apart.

00:55:03.000 --> 00:55:09.000

What is the same there's some things that are the same about our cohousing group, and some things that are different.

00:55:09.000 --> 00:55:20.000

One of the things that's the same is that we all leaned in together help with the pre development help with the design set of policies, build the culture, the culture is so important.

00:55:20.000 --> 00:55:35.000

Talk about our communications how to deal with adversity and disagreements because we're humans it's going to get messy. We acknowledge that right up front and have the hard conversations around disability aging and everything in between.

00:55:35.000 --> 00:55:46.000

One of the things that's different is that about five years ago I formed a nonprofit, to help support and promote and develop inclusive and diverse communities.

00:55:46.000 --> 00:56:05.000

So the nonprofit, raised a bunch of money, helped with the pre development phases and put together an incredibly well heeled team of architects, our developers UDP one of the CO hosts of this conference, incredible wealth of knowledge that has already

00:56:05.000 --> 00:56:15.000

developed cohousing architect is already designed, no housing, and we've raised funds and pulled together folks that are leaning in to help make this project happen.

00:56:15.000 --> 00:56:28.000

The money that is lend to the development of the cohousing will be paid back upon the mortgage is being funded, and then the nonprofit goes forward and does more of these.

00:56:28.000 --> 00:56:38.000

So it's sort of a wash, rinse and repeat model, where we've developed a lot of knowledge we don't want just to go away with this one and done project, one and done community.

00:56:38.000 --> 00:56:48.000

We want to be able to have this be a choice, moving throughout, Portland, Oregon, United States and the world, and the world.

00:56:48.000 --> 00:56:59.000

The mission of the nonprofit, as I said, is to promote support and develop, inclusive and diverse communities. We want to have a range of ability income and age, as kind of our three tenants.

00:56:59.000 --> 00:57:12.000

We have a maximum of 25% of our homes, being owned by somebody that experiences it or their family. We put a cap on that because we want it to be a natural proportion of what is out in our broader communities.

00:57:12.000 --> 00:57:27.000

This is not disability housing. This is not affordable housing. This is community so we want to have that, that, that range and that diversity. We also have a goal of having fixed affordable units as grace mentioned many of the CO housing units in the

00:57:27.000 --> 00:57:43.000

United States are out of reach from people that could benefit the most. And so we are working with the nonprofit to subsidize six of our units, had a family income from about 30% of median family income, up to 100%, as well as the rest of them will be

00:57:43.000 --> 00:57:56.000

market rate units and we have 31 total so or 31 total community with studios up to three bedrooms, and our call to arms is homes, not housing.

00:57:56.000 --> 00:58:15.000

This put a little bit of complexity, you know, adding the nonprofit in with the community developing the project it, you know, it's very manageable but it does take some organization, our developer has been wonderful to expand their knowledge base and

00:58:15.000 --> 00:58:26.000

work with the some of the ins and outs of nonprofits and donations and involvement and charity intent. So this is our development structure.

00:58:26.000 --> 00:58:38.000

What that gains us is that we right off the bat, have more experience and knowledge, we have less financial risk of our families coming in so when you're talking about family money being spent.

00:58:38.000 --> 00:58:47.000

And being invested in a co housing group that's scary. It's hard to pull those families together that have 100 grand that you can drop in and say, Oh, I hope this works.

00:58:47.000 --> 00:58:59.000

You know that's a very special, you know, small slice of humanity that can take that risk, and has the time and the effort and the capacity to put into that kind of hard work up front.

00:58:59.000 --> 00:59:14.000

So once we, we started gathering our community back in March we own our land. We had all of that setup plus a ton of the pre development and illegal and you know basic design put together, before we brought our folks in, and we've got a much faster trajectory

00:59:14.000 --> 00:59:18.000

because of that and people that are there to help us succeed.

00:59:18.000 --> 00:59:29.000

Typical structure financially. The only thing that's different is that we've got about, \$300,000 of nonprofit support already baked into that that helped us get a leg up.

00:59:29.000 --> 00:59:31.000

So what are we building together.

00:59:31.000 --> 00:59:43.000

We're building this, I'm going to go back just a second. This gorgeous designed very urban, so that we have access to all the amenities, we didn't want to be out on a farm or out where we had to be bused in.

00:59:43.000 --> 00:59:55.000

We want to be able to get to transportation and medical entertainment. We want to be able to have our pubs and our restaurants at our theaters, and our farmers markets.

00:59:55.000 --> 01:00:13.000

We are at the edge of the downtown core, but right also at the edge of a ton of kind of forested areas, and more natural areas. So we have that beautiful balance between being able to get out in nature, and having access to the from have a strong community

01:00:13.000 --> 01:00:16.000

and a strong city.

01:00:16.000 --> 01:00:33.000

Our architects followed our program and our mission and our values and did an overlay of neuro diversity Deaf space guidelines, Universal Design blind and visually impaired design aging or staying in place design and trauma informed design.

01:00:33.000 --> 01:00:43.000

So the brick and mortar, from the very beginning welcomes the broad swath of humanity as possible. Just by being a structure.

01:00:43.000 --> 01:00:57.000

The way that the flow is throughout our community, allows us to see each other and build community just by being president we don't necessarily have to go up and shake hands, we can see each other from our unit tests for gathering in our common spaces,

01:00:57.000 --> 01:01:09.000

our community center can be seen from almost all of our units so when something cool is going on in there that you want to be a part of you get yourself down there and when you're not feeling quite the capacity for the time, you can hang out and just

01:01:09.000 --> 01:01:14.000

wave and say hey neighbor. Glad you're having a good time. I'm here you're here.

01:01:14.000 --> 01:01:30.000

Our design is also such that it it welcomes the broader community to us so we're not just enclosed in and of ourselves. We also have a presence, you can see down in the little drawing down here that shows the broader community and example of what an inclusive

01:01:30.000 --> 01:01:32.000

and diverse community can look like.

01:01:32.000 --> 01:01:34.000

As I mentioned, we are urban.

01:01:34.000 --> 01:01:43.000

When you're in transit and all of the resources we have a community garden that is right next door to us, we have the access to grow food and flowers.

01:01:43.000 --> 01:01:48.000

But we don't have to do the maintenance of that which is sort of a brilliant spy.

01:01:48.000 --> 01:01:59.000

One of the things of this being in this urban environment, and that little toolbox of a common space that you saw there. Is it does something that we call accidental advocacy.

01:01:59.000 --> 01:02:12.000

So it's sort of a subliminal sneaky thing of again showing the broader community. You don't have to do disability housing, you don't have to do affordable housing, there's a, there's not a, not in my backyard kind of feeling about this.

01:02:12.000 --> 01:02:20.000

There is a this is a core community that helps support us. We're drawn in, we're how we're hosting.

01:02:20.000 --> 01:02:31.000

You know workshops and learning, learning sessions and neighborhood association meetings that are common spaces as well so we get that flow between our community and others.

01:02:31.000 --> 01:02:44.000

And as I said, our goal is to scale replicate support and advise, so you know keep this rolling forward. I'm happy to help out in any capacity for, even if it's just as an example of choice.

01:02:44.000 --> 01:02:46.000

I think I did it in my 15 minutes grace.

01:02:46.000 --> 01:03:02.000

If there is any if there are any questions or thoughts or reflections, please feel free to reach back to us. Thank you again so much for this opportunity to share today and for the work that you all are doing out there as well.

01:03:02.000 --> 01:03:09.000

Thank you, Alicia, I think there's lots of appreciation, about this project in the chat.

01:03:09.000 --> 01:03:25.000

So, we will move on. For now to Nathan, who is in Australia, and she will be sharing about the work that she's doing out there.

01:03:25.000 --> 01:03:53.000

Okay Hello everybody, Alicia is a pretty hard act to follow that is a fantastic presentation and we had had an earlier conversation a few weeks ago kind of debating the kind of diverse community model of CO housing, compared with the cohort specific co

01:03:53.000 --> 01:03:56.000

Just see if I can put it on.

01:03:56.000 --> 01:04:07.000

For some reason I'm not getting SlideShare but is that taking up the full page or not if you go to the lower right where the scroll bar is.

01:04:07.000 --> 01:04:13.000

Yeah, icon just to the left.

01:04:13.000 --> 01:04:24.000

I can't hang on, I can't see because of all of you, just to the left to the scroll bar. You were just there.

01:04:24.000 --> 01:04:27.000

Go slideshow Thank you Thanks for that.

01:04:27.000 --> 01:04:45.000

Yes, so look just to, I know it's a very short amount of time and I just talked to you a little bit about this so this thing, sexually research project it's a co design research project, looking at mutual housing solutions, not, not for LGBT q plus broadly

01:04:45.000 --> 01:04:53.000

as, as you mentioned, Christ but it's actually quite specific to transcend gender diverse and non binary, young people.

01:04:53.000 --> 01:05:02.000

So, I'm a community planner with Daniel City Council, which is a local government area in NA or Melbourne.

01:05:02.000 --> 01:05:16.000

As you commonly known as the traditional custodians of the land or the role, where Andriy wave around people. And the name Daniel refers to the Aboriginal word meeting Hill.

01:05:16.000 --> 01:05:24.000

I just like to make the point that these lands were never ceded and that they always will be Aboriginal land.

01:05:24.000 --> 01:05:38.000

But Daniel, as a local government area was formed in 1994, it's 63, square kilometers at 21 suburbs and nine electoral Ward so it's not a large place there's about 700,000, people living here.

01:05:38.000 --> 01:05:52.000

So I work with the local council, as I said, I work with the LGBT q plus community specifically. So, just to give you a little bit of context for this project.

01:05:52.000 --> 01:06:07.000

I've done a little bit of advocacy in cohousing before so in a previous job I looked at all the women, particularly single older women as Alicia and others have mentioned you know there's a there's a real need there's a real lack of affordable housing

01:06:07.000 --> 01:06:20.000

options for women as they age, and some lesbian group within that which got me interested and then this new role working with the LGBT q plus community, particularly came to my attention.

01:06:20.000 --> 01:06:39.000

It, particularly came to my attention. Some of the issues and discrimination, facing young people and particularly trans and diverse and non binary so I'll just go back you can see I'm not very good at the technology, it is half past six in the morning,

01:06:39.000 --> 01:06:45.000

that's my that's my excuse here slideshow back to that.

01:06:45.000 --> 01:06:48.000

So,

01:06:48.000 --> 01:06:58.000

so that's what I said so overall Australia has a youth homelessness problem with LGBT q plus youth that over represented in terms of homelessness and housing insecurity.

01:06:58.000 --> 01:07:11.000

This is just a little bit more about the diversity of our community so it is a diverse community we could, we could turn both the one of the wealthiest socio economic suburbs in Melbourne.

01:07:11.000 --> 01:07:27.000

And one of the lowest socio economic suburbs in Melbourne which is from where I'm speaking I've lived in both I rented in the beautiful legal bonds and I now can afford to own a property very lucky and West Heidelberg where the 1956 Australian Olympics

01:07:27.000 --> 01:07:37.000

were held. So the Olympic Village is still there it's been turned into public housing and it's you know it's considered quite a, a, you know, challenge area.

01:07:37.000 --> 01:07:54.000

So just to give you a bit more context about this problem, I guess, and you'll understand why we turned it pivot, because I don't know whether you know but mental health outcomes for trends and what, I'll just use the word trends but I mean by that name

01:07:54.000 --> 01:08:00.000

trans and gender diverse young people between, you know 15 to 25.

01:08:00.000 --> 01:08:13.000

So the mental health outcomes for transgender diverse people are three to four times higher than a for non trans people, and some, you know, really concerning statistics so almost half of attempted suicide.

01:08:13.000 --> 01:08:31.000

Three quarters experienced depression, few less anxiety, and that's not so much inherent to the trans experience, but it's directly linked to the discrimination they face so you can see those incredibly high statistics, there are clear rejection bullying,

01:08:31.000 --> 01:08:42.000

discrimination, and there's actually very high levels of family violence often in the home of origin for young trans people particularly from siblings but.

01:08:42.000 --> 01:09:01.000

And because they, you know, a lot of family violence services are directed towards women, experiencing family violence, they're not always understanding or necessarily welcoming of the chance and LGBT q plus family violence situation so often that goes

01:09:01.000 --> 01:09:21.000

on address so you've got people experiencing trauma, leaving a, an unsafe place, and I just put in some US statistics, there are so many of you are based there and just that, that took 215 survey which found sorry I've done it again.

01:09:21.000 --> 01:09:38.000

startling disparities of finding a job having a place to live accessing Medicare and medical care and it's enjoying the support a family and community, and it's very similar in Australia, and transgender people in Australia have the highest rates of non

01:09:38.000 --> 01:09:57.000

employment than any other cohort. So the idea for this project was that if you could intervene at the right time to help people to help young people when they need, stability peer support and mentorship and safe housing that could then provide a possibly

01:09:57.000 --> 01:10:17.000

temporary pivot into the, into allowing them to live their best lives so I put together a group of young people through, through my work and I was looking at co housing as possible solution so secure housing as your little dough is linked to positive

01:10:17.000 --> 01:10:34.000

outcomes, not only for individuals but for broader society. And as I said it could provide a safe transition, and it could also help teach young people, not just give them that sense of belonging, but really give them some skills for around the social

01:10:34.000 --> 01:10:54.000

socio accuracy and structured decision making processes that with the characteristic of cohousing. So, the, the process I laugh because of course it started in covert and trying to engage with young people experiencing disadvantage and social inclusion.

01:10:54.000 --> 01:11:11.000

So I'm walking around my garden now, half past six in the morning. It has proved difficult, of course, because really key to working in CO design research is to building trust and rapport and that can be hard with a screen between you, but I've been really

01:11:11.000 --> 01:11:18.000

lucky and we've got. Additionally, I have five young people interested in the project.

01:11:18.000 --> 01:11:27.000

The pictures you see aren't the pictures of the people, but they are pictures of real young trans I did find people who are homeless.

01:11:27.000 --> 01:11:42.000

So I don't know whether you know about co housing and design I'm sure some of you do but you can see the graphic here, and essentially it's a process of CO creation and so the young people came in they knew very little about the house in security faced

01:11:42.000 --> 01:12:02.000

by young, young Australians, particularly young LGBT q plus, particularly trends I did find space. So my role I saw was to kind of define some of the housing issues and kind of build their empathy and understanding.

01:12:02.000 --> 01:12:20.000

balanced way because I found you know an early finding was that they didn't know the statistics around those negative outcomes that we saw in earlier slides in relation to homelessness, unemployment mental health outcomes so of course they were aware

01:12:20.000 --> 01:12:38.000

of that, in their own experience, and experience of their friends but they hadn't seen those cold hard statistics so there was a matter of, you know, being a kind of researcher with a background in public policy to working with young people and trying

01:12:38.000 --> 01:12:56.000

to give them the support and facilitate their ideas and hear about their lived experience but in a really safe and inclusive wide. So, from that kind of point we've engaged in a series of workshops three now we've got our next one on Tuesday, which have

01:12:56.000 --> 01:13:13.000

been looking at kind of ideation and we've, we've done a couple of activities so we've looked at a more model of cohousing which is actually in Daniel, and it's a social traditional model of CO housing put more darker you might have already heard about

01:13:13.000 --> 01:13:28.000

it from some of my allies at cohousing Australia in this conference. So, I word Dhaka is, is, is funded its social housing which is fantastic, we don't have a lot of that in Australia.

01:13:28.000 --> 01:13:33.000

I'm not sure how much of it you have in the US and other countries in the world.

01:13:33.000 --> 01:13:39.000

But we don't have a lot of it here but we're in Dhaka is a, is a kind of 18 units of housing.

01:13:39.000 --> 01:13:53.000

They're closely connected with the community, big focus on environmental sustainability, really open and we do have some kind of query identifying people who live there already.

01:13:53.000 --> 01:14:08.000

The other model I put to them is in the picture at the bottom which you can sort of see there, have a sort of thing tie now. And this was a model called the village which is a specific model for young people who are leaving institutional care.

01:14:08.000 --> 01:14:25.000

And it's a, you know, I think there's six units of housing but in shipping containers kind of adapted but two of those with live in mentors and who gets free range in, in exchange for, you know, working with young people, and there's also a you know a

01:14:25.000 --> 01:14:29.000

charity that provides a facilitated work up.

01:14:29.000 --> 01:14:44.000

So I kind of, you know, we explored those two different models, just to give them something firm kind of set some boundaries of what cohousing can look like and, you know, so the earlier one is mixed ages very diverse.

01:14:44.000 --> 01:14:59.000

The second one is you specific kind of trauma informed, and really focused on building the skills of those young people, life skills housing skills and, you know, to go out on their own and get work.

01:14:59.000 --> 01:15:16.000

So, we followed that by kind of having hearing the mapping the lived experiences of our participants. We do persona activities which were based on real case studies from a trans housing Facebook group, a non Of course.

01:15:16.000 --> 01:15:31.000

No, none of those pictures the actual people were using a strengths based approach which is something that Alicia also mentioned, so that is very much work, we're lucky to have a steering group for the project and that involves a psychologist who's written

01:15:31.000 --> 01:15:44.000

about the trans experience of trauma and mental health and discrimination and and found some that in a way that kind of group experience build some real strengths to that.

01:15:44.000 --> 01:15:59.000

And I also looked at AA, not so far from you, an LGBT q plus, housing, kind of prices house in places Sacramento, step, but also recognizes the need to work through trauma.

01:15:59.000 --> 01:16:13.000

So, the project so far working with the participants for me, what what what's really striking is the incredible high levels of emotional maturity of young people these days.

01:16:13.000 --> 01:16:17.000

Certainly compared with when I was young.

01:16:17.000 --> 01:16:35.000

That and, and I think, very specific to the LGBT q plus community is, is mental health literacy, so that you know they're very aware of, and they talk about it a lot and they talked about the discrimination, and they talk about mental health and suicide

01:16:35.000 --> 01:16:43.000

ideation so all those things that really comfortable in talking and hearing about that which I, I see as a real strength.

01:16:43.000 --> 01:16:57.000

And they're also very accepting of diversity, as shown in our first iteration of the pivot model so this is ongoing research it's not to finish until the end of this Australian financial year which is end of June.

01:16:57.000 --> 01:17:12.000

But this is what they've done so this is the point we're at so far so I said, you know, here's a magic wand, money is no object, you know, at this time, so from here we're going to kind of work down, but what they have come up with so far in a way is

01:17:12.000 --> 01:17:30.000

so different from Alicia's model and I'm sure many of your others so they were looking at A. They said they'd like they would like the housing you know I said to them, is it LGBT q plus, is it trans and gender diverse specific, is it broader community,

01:17:30.000 --> 01:17:45.000

know that these are the key things that we've got to think about is it is it inclusive of all diversity or or doesn't need to be, you know, are, are there benefits for young trans, potentially vulnerable people from having that kind of peer supportive

01:17:45.000 --> 01:18:01.000

housing. So, they, they decided that yes they want to people who are gender queer which was, you know, their description of it, but they were keen to have the diversity within that they talked a lot about people with disabilities and they wanted somebody

01:18:01.000 --> 01:18:02.000

with.

01:18:02.000 --> 01:18:21.000

They wanted the design of it to be universally designed so you know whether it's wheelchair users and or kind of neuro diverse personality so that was sent Sure, since sensory aware design, design for Mental Health, Exercise commitment, equipment, sorry.

01:18:21.000 --> 01:18:31.000

Even a place to do performance so you know it aligns just with what Alicia's described in some ways about that design.

01:18:31.000 --> 01:18:47.000

They wanted input from trans housing experts and we have two speakers coming to our next meeting. There's the governance is and the kind of the model of decision making is what we're going to be focusing on next, but really they they agreed that, you

01:18:47.000 --> 01:18:59.000

know, you will have to have your goals and values and then multiple ways of thinking about how you resolve challenges and disputes and how you make decisions.

01:18:59.000 --> 01:19:12.000

They will also really keen that we build in links with the broader community and they talked about doing that through sustainability practices, possibly through performance.

01:19:12.000 --> 01:19:24.000

And again, thinking about it perhaps is, you know, some units of housing, other people with mobility issues or disability and the others.

01:19:24.000 --> 01:19:41.000

You know, just a little bit broader. So that's the end of my presentation. I've no idea I hope haven't gone over time, Grace. And as I say there's, you know, we're still working on it and we're to to present the findings at a Australia National Housing

01:19:41.000 --> 01:19:46.000

conference in March. So that's me and one of the participants.

01:19:46.000 --> 01:19:52.000

Thank you so much. And thanks to Alicia as well.

01:19:52.000 --> 01:20:01.000

Very interesting the different frames that one gets looking from different populations and what their needs are and what their interests are so really appreciate that.

01:20:01.000 --> 01:20:11.000

We are very near the end of our day ready for the last segment which is the question and answer in breakout rooms. So, Neil has the set up and ready to go.

01:20:11.000 --> 01:20:26.000

I'm going to make my closing comments now so that once you're in a breakout room if you want to stay on over the named and our about 10 minutes from now you're welcome to do that I'll leave those rooms open for about half an hour after.

01:20:26.000 --> 01:20:42.000

And in terms of closing just a reminder, please think about that contact list if you haven't added yourself to it yet, and the feedback form. If you're going to come back tomorrow you can we can do with them but if you're not please make sure you fill

01:20:42.000 --> 01:20:44.000

out the feedback form today.

01:20:44.000 --> 01:21:05.000

And, and thank you again to all of our presenters to our organizers to our sponsors and to the board of the housing association with us for the space for this it's been another fabulous day and looking forward to more tomorrow, right, anything else we

01:21:05.000 --> 01:21:21.000

Everybody for all the great presentations and we will see you, bright and early tomorrow, or bright and late wherever you are. So, Neil go ahead and open the rooms, and they are self joining room so you can put yourself in the room that you'd like if

01:21:21.000 --> 01:21:31.000

you were a presenter today please go to the room that has your topic on it so that people can find you there. And if you're having difficulty getting into a room.

01:21:31.000 --> 01:21:47.000

Let us know. We can we can help sort of push that direction if you need help, but hopefully you should be able to use the breakout rooms link, and find your way and, and I think room seven was intended to be just kind of open networking if you just want

01:21:47.000 --> 01:22:06.000

to chat.

01:22:06.000 --> 01:22:12.000

How do we pick a room, excuse me, haven't done that here.

01:22:12.000 --> 01:22:28.000

So, it's a little trickier on an iPad, but if you're on a regular computer, laptop whatever at the bottom where there's chat and mute and all those things, there's a link for breakout rooms.

01:22:28.000 --> 01:22:47.000

And if you look to the right side of the box that pops up you'll see little blue things that say join and sadly I am on an iPad, so I will go check the menu on an iPad I don't own one and I'm not as familiar with using them, but others.

01:22:47.000 --> 01:22:47.000

It is, it is in the menu, it can be done online breakout room now. Thank you very much.

01:22:47.000 --> 01:22:57.000

the menu, it can be done online breakout room now. Thank you very much. Really great, great session.

01:22:57.000 --> 01:22:58.000

Thank you.

01:22:58.000 --> 01:23:05.000

I mean the others were good too, but this is the one I'm alert to right now let's see.

01:23:05.000 --> 01:23:35.000

Wow.

01:23:44.000 --> 01:23:52.000

or Peter Are you needing help getting to a room or are you just deciding deciding.

01:23:52.000 --> 01:23:58.000

So, Yes,

01:23:58.000 --> 01:24:05.000

yes what I was asking you may also wrote message it is.

01:24:05.000 --> 01:24:19.000

If you have the chance to get the real time transcript of yesterday, the text file.

01:24:19.000 --> 01:24:21.000

Because I.

01:24:21.000 --> 01:24:50.000

Today I got a tip so for me it for me is much more useful to maybe read and, again, I maybe I lost some bits of the speeches and so some of us be very, very, I can understand everything but some of other people are more difficult and I would like to just

01:24:50.000 --> 01:24:54.000

re read again.

01:24:54.000 --> 01:24:56.000

If.

01:24:56.000 --> 01:25:04.000

Honestly, I didn't plan as well as I should have for that so my apologies but if if zoom captured it, we will share it.

01:25:04.000 --> 01:25:08.000

Okay, so I think we'll have it I just don't want to absolutely promise.

01:25:08.000 --> 01:25:14.000

Okay. But thank you very much. Yep into now.

01:25:14.000 --> 01:25:15.000

I'm choosing.

01:25:15.000 --> 01:25:32.000

Choosing. Great. And Gary, Ernie Nicole I see you're possibly still here are you needing help getting somewhere.

01:25:32.000 --> 01:25:35.000

I'm here.

01:25:35.000 --> 01:25:43.000

Okay, are you wanting to join one of the breakout rooms for sort of q amp a with one of our speakers.

01:25:43.000 --> 01:25:52.000

Yeah, the, The Ontario one is that, Kevin.

01:25:52.000 --> 01:26:04.000

The Canadian development models. Yeah, we can send you there.

01:26:04.000 --> 01:26:11.000

So you should have gotten a pop up to access to so much. Appreciate it. For

01:26:11.000 --> 01:26:41.000

me, Nicole Are you here and needing help getting somewhere.

01:26:50.000 --> 01:26:54.000

Well we got to another day.

01:26:54.000 --> 01:26:58.000

We did.

01:26:58.000 --> 01:27:15.000

So I'm going to actually walk away I think and just let people find their own way out.

01:27:15.000 --> 01:27:17.000

to eat.

01:27:17.000 --> 01:27:18.000

Okay.

01:27:18.000 --> 01:27:21.000

But will you believe in your room open.

01:27:21.000 --> 01:27:23.000

I'm just gonna walk away.

01:27:23.000 --> 01:27:27.000

I can go off. Wait, what is I status.

01:27:27.000 --> 01:27:37.000

I think I'm not host so you'll want to make me host but I'm just going to leave it here looking blank and let people pass through.

01:27:37.000 --> 01:27:44.000

Okay, so if I make you host Can you make me co host so I can awake.

01:27:44.000 --> 01:27:50.000

Yeah, make because just in case. That makes it possible for me to go and come back right.

01:27:50.000 --> 01:27:52.000

Sure.

01:27:52.000 --> 01:28:00.000

Let's try that, because I, I don't know, don't just give me some options I've got a couple of things to finish up here.

01:28:00.000 --> 01:28:09.000

And, Yeah, we'll see you tomorrow

01:28:09.000 --> 01:28:13.000

at work or yes it worked. Sweet. Okay.

01:28:13.000 --> 01:28:31.000

So, oh, yeah, I'll see you tomorrow. And, um, yeah, as I say, I'm going to go do what I need to do for the next half hour and just figure. Everybody found their way to at least one breakout room and we are two minutes from endo scheduled program so they

01:28:31.000 --> 01:28:34.000

can find their own way out. Yeah, okay.

01:28:34.000 --> 01:28:55.000

Okay, cool.

Chat Window

02:45:21 Bryan Bowen (he-him) | caddis collaborative: Awesome, Kristopher!

02:46:22 Erik Granum: Let me talk to my wife. I think we can make that work

02:49:45 Mary Huang (Canadian Cohousing, Concorde Cohousing) - Ottawa: Love the Vienna Social Housing Model. People can stay in their unit / neighbourhood and just pay more

02:49:51 Mary Huang (Canadian Cohousing, Concorde Cohousing) - Ottawa: as their income rises

02:51:32 Kristopher Stevens (Canada): Thanks Bryan. Just sent you and Karin the link directly too.

02:53:54 Ann Zabaldo: Thank you, Kristopher and Sarah and Mary — love the models!

02:54:44 Kristopher Stevens (Canada): Thanks Ann. Great presentations all around!

02:55:37 grace kim (she/her) schemata workshop | USA: wow! you allow customization for each flat?

at what point in the design process - early on (schematic phase) or after they have purchased home (during construction)?

02:57:53 grace kim (she/her) schemata workshop | USA: did you partner with a developer for the competition

02:58:14 Bryan Bowen (he-him) | caddis collaborative: Gorgeous work!

02:59:02 Studio Co+hab - Mathilde: I agree. So inspiring!

02:59:27 Danny - UD+P (USA): How many total units typically? In a large building, are the common spaces set up for two separate Cohousing communities?

02:59:30 Jesper Ole Jensen: Great! Any requirements or ambitions to engage with the local community? Open up facilities etc...

03:01:41 grace kim (she/her) schemata workshop | USA: what is the construction of the super structure

03:02:07 UK Owen Jarvis: Communal facilities on the roof - and a sauna! Very nice in that setting. Beautiful designs. (Does it have a Belgium Beer Fridge?)

03:03:51 Kristopher Stevens (Canada): 😊 It would be the civilized thing to do Owen 😊 A wine cellar too!

03:05:31 UK Owen Jarvis: Question - does the cohousing movement need to consider home working facilities far more as essential? It feels v important but another

significant additional cost to builds. There are various discussions in UK on how to fund communal facilities.

03:07:52 Helen Jarvis (she/her) CoHUT: Lovely to see curved walls and the clay lining appears to be inspired by adobe construction

03:10:02 Neil Planchon (Coho/US & FIC) neil@ic.org: Markus's website :: <https://www.einszueins.at/>

03:10:28 Kathy McGreenera Canada: Inspiring presentation Markus, thanks!

03:11:26 Neil Planchon (Coho/US & FIC) neil@ic.org: Federico's Cohousing Projects website :: <https://www.cohousingprojects.com/>

03:13:28 Betsy Morris, Cohousing Coaches/CA: Thank you Markus! Many democratic socialists of America are studying Vienna and social housing and cooperatives for application to US and specific cities here in California. How could I follow up with you? (Betsy Morris)

03:14:22 Markus Zilker: @Grace: the customization (of the Floor plans) of the flats starts very early in the design process, and we do customization of the materials in a later Phase too. And yes, we partnerd with a developer for the Competition of Gleis21.

03:17:04 Neil Planchon (Coho/US & FIC) neil@ic.org: @Betsy: office [at] einszueins.at and maybe Markus has another for you

03:17:46 Markus Zilker: @ Danny: we usually realise Cohousing projects in Austria with 15-40 units

03:19:25 Markus Zilker: my contact: markus.zilker@einszueins.at

03:20:02 Betsy Morris, Cohousing Coaches/CA: Thank you Markus!

03:20:08 Betsy Morris, Cohousing Coaches/CA: And thank you Nil

03:20:12 Betsy Morris, Cohousing Coaches/CA: Neil1

03:26:23 Laura Fitch (USA), Fitch Architecture:did you do comparative pricing before settling on CLT?

03:28:07 Kathy McGreenera Canada: Wonderful urban infill project Federico, thanks!

03:29:26 Katie McCamant: When you say 10% more expensive, but is that compared to wood framing or concrete or?

03:29:35 Bryan Bowen (he-him) | caddis collaborative: Great work - loved seeing it! Inspiring for US groups, I hope. It'd be cool for this kind of imagery to make it's way into a CohoUS image library that people could use to inspire/promote their projects.

03:29:45 Mary Huang (Canadian Cohousing, Concorde Cohousing) - Ottawa:how about compared with passive house

03:29:54 Federico Bisschop: 10% more expensive than bricks, which is the classic building method in Belgium.

03:30:24 Federico Bisschop: You can do passive housing with every method of building.

03:31:53 Neil Planchon (Coho/US & FIC) neil@ic.org: Alicia DeLashmutt :: <https://www.ourhomecathedralpark.com>

03:32:17 Myfan Jordan (she/her): Myfan.Jordan@banyule.vic.gov.au

03:41:25 Markus Zilker: Thank you Alicia, your engagement is very inspiring!

03:44:49 UK Owen Jarvis: Beautiful project @Alicia - reminds me of one project in the UK - <https://www.sturtscommunitytrust.org.uk/>

03:47:13 Bryan Bowen (he-him) | caddis collaborative: Love this project! A few years ago Caddis intro'd a group who wanted to do trad coho for their kids (IDD) to BHP (housing authority) and got them into one of their projects that was already rolling, which left us on the cutting room floor, but got it done: <https://theramblecollective.org/blog/30pearl-project-update/>. The Ramble Collective is also another cool precedent.

03:48:06 UK Owen Jarvis: I'm feeling pretty inspired. Love the other projects being shared as well.

04:02:08 Danny - UD+P (USA): What was the Sacramento project you mentioned?

04:02:42 Kathy McGrenera Canada: I think Myfan said it was called STEP

04:05:00 Kathy McGrenera Canada: Thanks very much Myfan!

04:05:05 Chiara Casotti: Hi there, is there anyone who saved yesterday's realtime transcript (Txt file)? Thank you!!!!

04:05:18 Mary Huang (Canadian Cohousing, Concorde Cohousing) - Ottawa: Myfan what is mental health design?

04:05:33 Kristopher Stevens: Thank you Myfan and again thanks to the organizers!

04:05:35 Mary Huang (Canadian Cohousing, Concorde Cohousing) - Ottawa: link to add contact list please?

04:05:46 Bryan Bowen (he-him) | caddis collaborative: Such cool work, everyone! thanks for sharing!

04:05:59 Neil Planchon (Coho/US & FIC) neil@ic.org: Rooms are ready with subject names. I could not add names in some of the titles

04:06:06 Elena Pereyra - Cohousing Australia: Try the form here: <https://docs.google.com/forms/d/e/1FAIpQLSdWFB1IVmNIXOz3p2k8PcBuzEpRpT-1bPkPGSqrhXuxbPmJXQ/viewform>

04:06:09 Mary Huang (Canadian Cohousing, Concorde Cohousing) - Ottawa: Cool sessions today

04:06:19 Studio Co+hab - Mathilde: Thanks everyone! Super inspiring projects!

04:06:36 Angelica Rojas: Very inspiring!!

04:06:39 Kathy McGrenera, Canada: room list if found in the breakout room tab at the bottom, sometimes under the .