



Guest Column: Aging in Community
by Jim Leach, CohoUS Board Member

Silver Sage Village, an urban senior cohousing community in Boulder, is among the earliest senior cohousing communities in the country, opening in 2007 with 16 owner-occupied units. Ten are market rate and six are permanently affordable, plus there are now two basement apartments as rentals. At present we have 28 residents, including 10 couples, 8 single women and no single men. The age range is currently 56 to 89. We are self-managed through five “standing teams,” contracting out a few basic services such as snow removal, but doing most of the work of managing our community ourselves.



It is helpful to share and read what other communities are doing, because we recognize that aging in a cohousing community contains many unknowns—it is a true social experiment. In fact, we would like to learn what the experience of senior communities has been in Europe—is the rumor true that some now have reverse-age restrictions, where new members have to be below a certain age? And how did Glacier Way evolve, the 8-unit community in Davis, CA where everyone was advanced in age when it started more than 25 years ago?

[Continue reading on our blog.](#)

The Commons: A Monthly Gathering for the Cohousing Curious (and experts too!)

The 10th of every month
10am MT



The Commons

A (free) monthly gathering for the cohousing curious
(and experts too!)

Curious about cohousing but don't know where to start? Want to meet with cohousing newbies and experts alike? This (free) monthly gathering will include a Cohousing 101 presentation and ample time to connect and ask questions. We'll share cohousing lingo, best practices and more information on how to continue your cohousing journey. Join us once, or every time – we'll be here every month on the 10th at 10am MT.

[REGISTER](#)



Aging in Community: Ideas & Inspiration from Seniors in Cohousing Committee

New Guide to Starting a Community

As seniors look for more ways to stay socially engaged, there's a new book that can be a great resource, *Building Belonging: Your Guide to Starting a Residential Intentional Community*. The book looks at the many aspects of starting an intentional community like cohousing. The author, Yana Ludwig, has 25 years of cooperative living

experience, including four community start-ups. She has served as a trainer, facilitator, and consultant for progressive projects since 2005. The book was published by the Foundation for Intentional Community (FIC).

[Read more on our blog](#)

Upcoming events

July 10 — The Commons, 10am MT - [Register here](#)

July 20 — Senior Cohousing Q & A, 10am MT - [Register here](#)

Aug. 2 — “Aging Gracefully in Community”, 9am–1pm MT - A 5-week online course from the Foundation for Intentional Community, \$99–\$249 - [Register here](#)

Aug. 10 — The Commons, 10am MT - [Register here](#)

Senior Cohousing Q&A

A monthly gathering

The 20th of every month
@ 10am MT



Senior Cohousing Q&A

Want to learn more about what it's like to build, join, and participate in cohousing as you age? The Senior Cohousing Advocates Committee will be facilitating an informal conversation for those interested in senior cohousing and/or senior living in intergenerational cohousing. This (free) event will take place every month on the 20th at 10am MT.

[REGISTER](#)

Will you share your community stories with us?

Submit anecdotes, photos, videos and stories so that we can help tell the story

of life in community.



SHARE YOUR STORY HERE

Cohousing is part of a more sustainable, democratic and connected future.

To date, CohoUS has helped enable the development of over 200 cohousing communities in the US. These communities serve as examples of the sustainable and community-based neighborhoods our country will need in the future. Please support CohoUS and help us double that number in the next few years.

Your monthly gift will both support new initiatives as well as the continued nurturing of our communities and growth of our movement. As an **Evergreen Neighbor**, you can take pride in **creating a legacy** that will live on to support future generations.



Donations, as a community or as an individual, are accepted year round and can be made to:

Cohousing Association of the US
3860 Chase St
Wheat Ridge, CO 80212

DONATE

EVENTS FROM OUR PARTNERS

Upcoming events hosted by our partners and friends:

July 11th: [Understanding and Addressing Diversity Related Harm](#)

July 12th: [Examining Intentional Community Living for Elders](#)

July 13th: [Filling Leadership Positions in your Community](#)

July 19th: [Economic Models for Intentional Communities](#)

July 20th: [Intro to Consensus](#)

July 27th: [Introduction to Intentional Communities](#)

August 2nd: [Aging Gracefully in Community](#) (Five-week course)

September 12th: [Facilitation in Community](#) (Five-week course)

September 13th: [Raising Children in Community](#) (Five-week course)

Please also check out the Foundation for Intentional Communities [on-demand offerings](#) as well as a survey for [Military Veterans with 6 months or more of experience living in Intentional Community](#) which is open from now until July 15th.

Classified Listings

Forming Communities and Communities Seeking Members



[Sunnyside Village Cohousing](#)
Seattle, WA



[Adams Creek Cohousing](#)
Hood River, OR



[Mission Peak Village](#)
Fremont, CA



[Burns Village & Farm Cohousing and Agrihood Community](#)
Burns, TN



[Cohousing Houston](#)
Houston, TX



[Rachel Carson EcoVillage](#)
Gibsonia, PA



[Cathedral Park Cohousing](#)
Portland, OR



[Heartwood Commons](#)
Tulsa, OK



[Heartwood Cohousing](#)
Bayfield, CO



[Washington Commons](#)
West Sacramento, CA



[Skagit Commons](#)
Anacortes, WA



[Cohousing ABQ](#)
Albuquerque, NM

Homes for Sale or Rent



[Salt Lake City, UT](#)
For Sale: 3-Bedroom for sale at Wasatch Commons



[Eugene, OR](#)
For Sale: Community by the river, 4bed/3bath, brand new community



[Durham, NC](#)
For Sale: *price reduced* LBGT-focused 55+ community - 2 bedroom, 2 bath home available in Village Hearth Cohousing



[Littleton, MA](#)
For Sale: One Home Left in New England's First Over-55 Cohousing Community: 1 br # Den



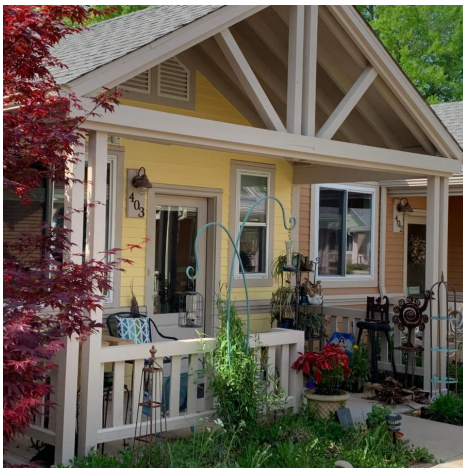
[Eugene, OR](#)

For Sale: at River Song Cohousing in Eugene, OR: Near new 3 br/2 ba Unit Available September 1



[Fair Oaks, CA](#)

For Sale: 2 bedroom, 1 bath upstairs flat with well-designed floor plan, efficient storage, and large windows in Fair Oaks Ecohousing



[Stillwater, OK](#)

For Sale: 1 bedroom home for sale in Oakcreek Community



[Prescott, AZ](#)

For Sale: Sweet and cozy, craftsman-style home in Manzanita Village, Prescott Arizona



[Prescott, AZ](#)

For Sale: Craftsman style 2000 sq. ft. 2 bedroom, 2 bath, 2 office custom home in one of the most livable small cities in the country.



[Anacortes, WA](#)

For Sale: 2 bed/2 bath Home at Skagit Commons in Anacortes, WA



[Durham, NC](#)

For Sale: Village Hearth Cohousing
LGBTQ and Allies 55+ Cottage Style 2
Bed/2 Bath



[Durham, NC](#)

For Sale: Village Hearth Cohousing
LGBTQ and Allies 55+ Single Level 650
Sq. Ft. 1 Bed/1 Bath home

Supporters



By The Numbers

172
Established
Communities

105
Forming
Communities

20
Communities
Under Construction

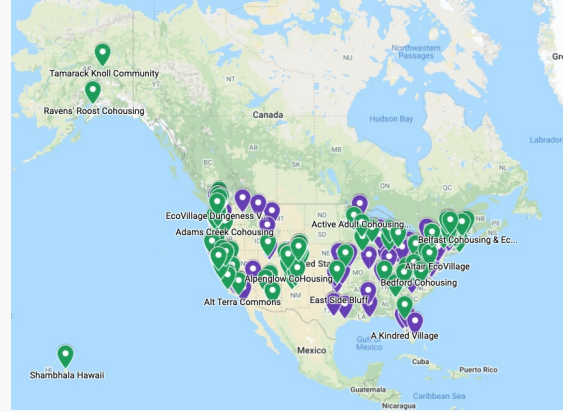
Community Directory

Searching for a Cohousing Community?

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[Click Here for Seeker Directory](#)

Searching for Cohousing Professional?
[Click Here for Professional Directory](#)



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