



Rooted in Belonging

By CohoUS Executive Director Trish Becker

Nestled in the scenic landscapes of Colorado, the aspen trees offer a natural analogy for community and interconnectedness. These trees, often found in groves, share a vast root system that binds them together, enabling them to thrive collectively. In this newsletter, we draw inspiration from the aspen groves to explore the significance of mutual support and collective strength in the cohousing movement.



This month, we are proud to announce our revamped and reimagined [Membership Program](#). Formerly known as Partnerships, our Membership Program better reflects the dynamic and enriching experience we offer. In 2024, enjoy an array of enhanced benefits that will support your community journey, including an exclusive \$100 discount for the [2024 National Cohousing Conference](#). As a member, you can connect with other communitarians and professionals at free events, further your education with discounted courses and access a variety of resources including workshop recordings, templates and consultation.



The aspen groves, our autumn metaphor for community, provide a fitting backdrop for the [2024 National Cohousing Conference](#) themed “Rooted in Belonging.” Applications for [speakers](#) are now open and we seek sessions that align with the following themes:

- Diversity, equity and justice in cohousing
- Innovation in pursuit of affordability
- Environmental Sustainability

- Designing and fostering spaces of belonging
- Practical skills for the life cycle of a community
- Intergenerational connection & aging in community

Meanwhile, cohousing leaders are making waves of their own in myriad unique ways. CohoUS Association Supporter [Caddis Collaborative](#) will be offering a tour of Wild Sage Cohousing, in Boulder, CO as a part of the [2023 Rocky Mountain Natural Building Conference](#). Wild Sage residents focused on passive solar, low embodied energy materials, wise water usage, and community as the main sustainability strategies.

Nature reminds us that strength emerges when we work together, just as the aspens thrive because they are connected beneath the surface. Join our growing network of [members](#), and support the growth of our movement.

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FALL 2023 PROGRAM SERIES

LIVE AND ON-DEMAND

FREE & DISCOUNTED FOR COHOUS PARTNERS

TABOO → VIRTUE

RELATIONAL, POLITICAL & ECONOMIC SOLUTIONS FOR COHOUSING



Join us this fall for a series of events and trainings on the topics most often requested by the cohousing community.

Partners remember to use your 2023 discount codes to apply your discount.

Non-partners consider becoming a partner for \$150 to access upcoming programs as well as a library of over 200 on-demand recordings, learn more [here](#).

If you have any questions about how to register for an event, apply for a scholarship, become a partner or set up your Cohousing Institute account please email cohousingassociationofus@gmail.com.

- [Cohousing Advocacy: National Policy](#), Friday, October 6, 4-6pm MT
- [Demystifying Common Meals](#), Wednesday, October 11, 4-5pm MT
- [Sociocracy for Cohousers](#), Wednesdays, Oct 18 - Nov 8th, 5-7pm MT
- [Cohousing Advocacy: Local Policy](#), Friday, November 3rd, 4-6pm MT
- [Unpacking Cohousing: Lessons from Move-in](#), November 14th, 5-6pm MT

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Learn More



Managing Participation in Community

Participation is one of the most important parts of community living, especially senior cohousing. It means engaging with your community around necessary work (like maintenance tasks), community meals, committees and decision-making, fun events like celebrations, and more. Being engaged with your community is the antidote to the isolation you might feel if you were living alone. It's also a source of joy and fulfillment, giving purpose to your life and creating new friendships.

[Learn more about it on our blog.](#)

Oct. 10 — The Commons, a free monthly gathering for the cohousing curious and experts, too; 10 a.m. Mountain Time; repeats on the 10th of each month; [register here](#)

Oct. 11 — Demystifying Common Meals; a session with Kathryn McCamant; 4 p.m. Mountain Time; \$30 (free for Coho US partners); [register here](#)

Oct. 20 — Seniors in Cohousing Q&A, an informal facilitated conversation for

those who are interested in senior cohousing and/or senior living in intergenerational cohousing; 10 a.m. Mountain Time; repeats on the 20th of each month; [register here](#)

Oct. 27 — Participation and Work in Community, from the Foundation for Intentional Community; a live 5-week course on Zoom with Laird Schaub; 10 a.m.–12 p.m Central Time, Fridays through Nov. 24; \$99–\$249 USD; [register here](#)

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The Commons: A Monthly Gathering for the Cohousing Curious (and experts too!)

The 10th of every month
10am MT



The Commons

A (free) monthly gathering for the cohousing curious
(and experts too!)

Curious about cohousing but don't know where to start? Want to meet with cohousing newbies and experts alike? This (free) monthly gathering will include a Cohousing 101 presentation and ample time to connect and ask questions. We'll share cohousing lingo, best practices and more information on how to continue your cohousing journey. Join us once, or every time – we'll be here every month on the 10th at 10am MT.

REGISTER

Senior Cohousing Q&A

A monthly gathering

The 20th of every month
@ 10am MT



Senior Cohousing Q&A

Want to learn more about what it's like to build, join, and participate in cohousing as you age? The Senior Cohousing Advocates Committee will be facilitating an informal conversation for those interested in senior cohousing and/or senior living in intergenerational cohousing. This (free) event will take place every month on the 20th at 10am MT.

[REGISTER](#)

Will you share your community stories with us?

Submit anecdotes, photos, videos and stories so that we can help tell the story of life in community.



[SHARE YOUR STORY HERE](#)

Cohousing is part of a more sustainable, democratic and connected future.

To date, CohoUS has helped enable the development of over 200 cohousing communities in the US. These communities serve as examples of the sustainable and community-based neighborhoods our country will need in the future. Please support CohoUS and help us double that

number in the next few years.

Your monthly gift will both support new initiatives as well as the continued nurturing of our communities and growth of our movement. As an **Evergreen Neighbor**, you can take pride in **creating a legacy** that will live on to support future generations.

Donations, as a community or as an individual, are accepted year round and can be made to:

Cohousing Association of the US
3860 Chase St
Wheat Ridge, CO 80212



DONATE

EVENTS FROM OUR PARTNERS

Upcoming events hosted by our partners and friends:

- **October 4th:** [Options for Educating Children in Community](#)
- **October 11th:** [Planning for Children in Community](#)
- **October 24th:** [Place Justice 101: Making, Taking and Keeping Place](#)

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Classified Listings

Forming Communities and Communities Seeking Members



[Sunnyside Village Cohousing](#)
Seattle, WA



[Adams Creek Cohousing](#)
Hood River, OR



[Mission Peak Village](#)
Fremont, CA



[Burns Village & Farm Cohousing
and Agrihood Community](#)
Burns, TN



[Cohousing Houston](#)
Houston, TX



[Rachel Carson EcoVillage](#)
Gibsonia, PA



[Cathedral Park Cohousing](#)
Portland, OR



[Heartwood Commons](#)
Tulsa, OK



[Heartwood Cohousing](#)
Bayfield, CO



[Washington Commons](#)
West Sacramento, CA



[Newark Cohousing](#)
Newark, DE



[Cohousing ABQ](#)
Albuquerque, NM



[Cohousing of Greater Baltimore](#)
Catonsville, MD



[Oak Park Commons](#)
Oak Park, IL



Homes for Sale or Rent



[Seattle, WA](#)

For Sale: New Co-Housing Community in Beacon Hill, Seattle



[Eugene, OR](#)

For Sale: Community by the river, 4bed/3bath, brand new community



[Durham, NC](#)

For Sale: *price reduced* LBGT-focused 55+ community - 2 bedroom, 2 bath home available in Village Hearth Cohousing



[Littleton, MA](#)

For Sale: One Home Left in New England's First Over-55 Cohousing Community: 1 br # Den



[Fair Oaks, CA](#)

For Sale: Peaceful Oasis in Caring Community: Fair Oaks EcoHousing, CA



[Prescott, AZ](#)

For Sale: Sweet and cozy, craftsman-style home in Manzanita Village, Prescott Arizona



[Ann Arbor, MI](#)

For Sale: 3 Bed / 2 bath Upper-Level
Condo for Sale in Touchstone Cohousing



[Saugerties, NY](#)

For Sale: 3 Bedroom, 2 BA Plus
Apartment



[Fair Oaks, CA](#)

For Sale: Gorgeous Downstairs Home in
Desirable Fair Oaks, CA



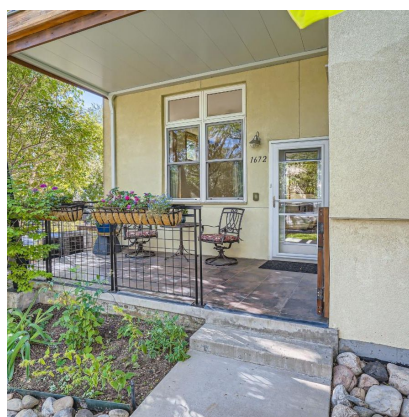
[Bristol, VT](#)

For Sale: Beautiful 3 bedroom house in
sustainable family friendly community in
Bristol, VT



[Fresno, CA](#)

For Sale: Beautiful & Affordable 4 Bed/3
Bath Home in Fresno, CA



[Boulder, CO](#)

For Sale: Rare Opportunity to own in
Silver Sage 50+ Cohousing Community



[Eugene, OR](#)

For Sale: at River Song Cohousing in Eugene, OR: Near new 3 br/2 ba Unit Available September 1



Supporters



By The Numbers

172
Established
Communities

105
Forming
Communities

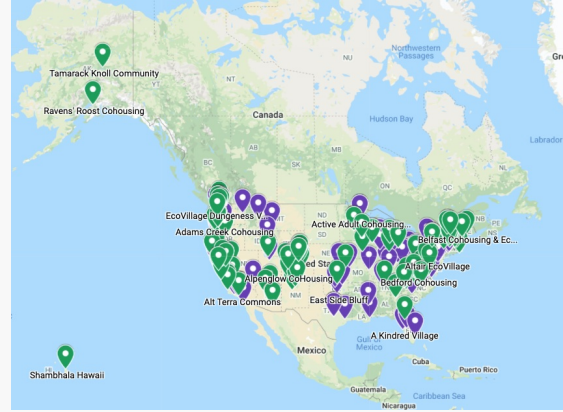
20
Communities
Under Construction

Community Directory

Searching for a Cohousing Community?

[Click Here for Community Directory](#)
[Click Here for Seeker Directory](#)

Searching for Cohousing Professional?
[Click Here for Professional Directory](#)



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